Equestrian Crossings

A 501(c)(3) Non-Profit Corporation

P.O. Box 924 Coupeville, WA 98239 (360) 682-9692

info@equestriancrossings.org www.equestriancrossings.org (Rev. 05/2023)



LESSON REGISTRATION FORM (2023)

CONTACT INFORMATION:	
Student Name:	
Parent Name (if minor)	
Address:	
City/State	Zip Code:
Phone: Home:B	Business: Cell:
E-mail:	DOB:
OTHER IMPORTANT INFORMATION:	
Employer/School:	City:
How did you learn about this program? _	
INSTRUCTIONS: Mark the location and We'll cont	d the Riding Lesson you require. tact you regarding a time slot.
Oak Harbor □	
Western/English/Adaptive: Individual Western/English/Adaptive: Group (2+) Western/English/Adaptive: Individual Western/English/Adaptive: Group (2+) Vaulting (a group activity) Drop-Ins Please call for more Information	\$55/lesson (\$660 per 12 week session) \$45/lesson (\$540 per 12 week session) \$55/lesson (\$220 per 4 week session) \$45/lesson (\$180 per 4 week session) \$20/lesson (\$240 per 12 week session)

Scholarship Rate (50% discount):

Scholarship requires a separate application, eligibility is based on financial need.

Discount Rate (10% discount applied when 12 week session is paid in full)

Cancelation Policy

Please allow 24-hour notice of cancellation if possible. Make-up lessons are available subject to Instructor and horse availability. Sorry no refunds.

PHOTO RELEASE

Student Name:	
I DO or	I DO NOT
Consent to/authorize the use and reproduction photographs and/or audio/visual/electronic material medical progress, promotional materials, exhibition child or the program.	als taken of person/child for educational activities,
Signature:	Date:
Parent/Guardian (if a Minor)	
Print Name:	Relationship to Student:
EqX CONFIDENT	TIALITY POLICY
Due to the nature of therapeutic horseback riding information pertaining to our students, their families confidential. This information may include, but not be and/or financial information that may be disclosed of	s, staff and volunteers shall remain privileged and be limited to, any medical, social, referral, personal
Disclosure of any confidential information shall no Discussions involving any student shall be limited mounted safety guidelines, and other guidelines situation. Volunteers will be given information concluded with the confidential nature of our clients' confidentiality and only authorized staff will have accommodity.	ed to progress reports, appropriate mounted/uns the instructor may deem appropriate in each cerning students on a "need to know" basis and in records. Each student shall be assured of record
Interviews or other forms of public discussions television, radio, print, or any other type of publication matters shall be directed to the Board of Directors for the state of the sta	ons, is strictly prohibited by any volunteer. All such
Since our intentions are to safeguard our students of our students, their families, and volunteers psychological and/or personal information may be organization. Such a breach of confidentiality may a	s is protected. Sensitive medical, psychiatric, detrimental if released to those outside of the EqX
Failure to adhere to the EqX Confidentiality Policy actions being taken and/or even termination of their	•
I have read, understand, and <u>agree</u> to abide by the EqX	Confidentiality Policy.
Signature:Parent/Guardian (if a Minor)	Date:
Print Name:	Relationship to Student:

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AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT FORM

Please check all that apply:	Student	Staff	Volunteer
Name:			
Address:			
			Zip Code:
Phone: Home:	Business: _		Cell:
E-mail:			DOB:
Physician's Name:			
Physician's Phone:			
Facility's Phone:			
Health Insurance Company: _			
Policy #:			
Allergies: [Food/Drug, etc.]			
Date of Last Tetanus Shot:			
Current Medications:			
In the event of an emerg	nency contact:		
		_	
Name:			O-II.
Relationship:	Phone:		Cell:
Name:			
Relationship:	Phone:		Cell:

Equestrian Crossings

WHERE DREAMS MEET OPPORTUNITIES!!

CONSENT FOR EMERGENCY MEDICAL TREATMENT

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, <u>I DO authorize EQUESTRIAN</u> CROSSINGS to:

- 1. Secure and retain medical treatment and transportation, if deemed needed.
- 2. Release client records, upon request by the authorized individual or agency involved in the medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life-saving" by the physician. This provision will only be invoked if an emergency contact listed above is unable to be reached.

Participant's Signature:	Date:
Print Name:	
Signature of Parent/Guardian (if participant is a M	inor):
Print Name:	
Relationship to Participant:	
NON-CONSENT FOR EMERO	SENCY MEDICAL TREATMENT
I <u>DO NOT</u> give my consent for emergency medicathe process of receiving services or while being o CROSSINGS. In this case, I understand that:	al treatment/aid in the case of illness or injury during n the property operated by EQUESTRIAN
• A parent or legal guardian will remain on site at	all times during equine-assisted activities
 In the event emergency treatment/aid is required 	d, I wish the following procedure to to take place:
Participant's Signature:	
Print Name:	
Date:	
Signature of Parent/Guardian (if participant is a M Print Name:	,
Relationship to Participant:	
· · · · · · · · · · · · · · · · · · ·	

STUDENT HEALTH HISTORY

Student Name:							
Date of Last Tetanus: DOB:							
HEALTH HISTORY:							
Diagnosis			Date of Onset:				
Please indicate "special needs" in	the f	ollowi	ng areas: (Attach separate page if necessary)				
Current or Past "Special Needs"	Yes	No	COMMENTS				
Vision							
Hearing							
Sensation							
Communication							
Heart							
Breathing							
Digestion							
Elimination							
Circulation							
Emotional/ Mental Health							
Behavioral							
Pain							
Bone/Joint							
Muscular							
Thinking/Cognitive							
Allergies							
PTSD							
Other							

Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):	
PHYSICAL FUNCTION (i.e. Mobility skills: transfers, walking, wheelchair use, driving/bus riding):	
PSYCHO/SOCIAL FUNCTION (i.e. Work/School, grade completed, leisure interests, relationships, amily structure, support system, companion and animals, concerns, etc.):	
	_
	_
GOALS (i.e. Why are you applying? What would you like to accomplish? e.g., improve strength/balance, rerbal skills, social skills, control emotions, competition, recreation, etc.):	,
	_
	_
Student's Signature:	
Print Name:	_
Date:	_
Signature of Parent/Guardian (if student is a Minor):	
Print Name:	
Relationship to Student: Date:	_

RELEASE OF LIABILITY & INDEMNITY AGREEMENT

Volunteer's Name:
I,
I fully understand that equine-assisted activities, or even being near a horse, involves numerous dangers and risks of injury to me. I acknowledge that the assumption of all the risks involved is my responsibility and I completely release EQUESTRIAN CROSSINGS and its agents from all liability for any and all injuries caused by my participation in equine-assisted activities.
I fully understand that an animal (horse), irrespective of its training and usual past behavior and characteristics, may act or react unpredictably based on instinct or fright, and that even the gentlest horse, when provoked or frightened, may rear, buck, run away or otherwise act in an unpredictable and dangerous manner. In addition, weather such as thunder, hail, lightning, high wind or snow sliding off the roof, or sudden appearance of another animal, person or machine can cause a horse to rear, buck, run away or otherwise act in an unpredictable and dangerous manner. Having understood these dangers, I fully assume all of the risks involved and completely release EQUESTRIAN CROSSINGS and its agents from liability for any and all injuries to me from my volunteer participation in equine-assisted activities.
I fully understand that equine-assisted activities on any type of terrain can be dangerous to my horse and me and that this danger increases when moving fast, such as at a canter (lope) or at a gallop. Under these conditions, or even while moving at a slower pace, my horse may stumble, be thrown off balance, get caught in a hole or rut, fall, or otherwise be dangerous to me. I also fully understand that I may, at any time, lose control of and/or fall off my horse, or have a collision. I also understand that while participating in this high-risk sport, it is highly recommended and even required for participation in most equine-assisted activities to wear an ASTM SEI-approved equestrian helmet to be worn. I fully assume the responsibility for all of these dangers and risks, and completely release EQUESTRIAN CROSSINGS and its agents from all liability for any and all injuries to me from the dangers and risks as stated above.
I fully understand that animals (horses) and conditions are unpredictable and that the risk of injury or death is inherent to equine-assisted activities and/or being around horses. I fully assume the responsibility for the risk of injury or death caused by my contact with horses and equine-assisted activities. I completely release EQUESTRIAN CROSSINGS and its agents from any and all liability for any and all injuries or death to me caused by my contact with horses and my participation in equine-assisted activities.

I fully understand the EQUESTRIAN CROSSINGS, not having its own property to conduct lessons and events at, must enter into agreements with various equestrian facilities, organizations and private property owners in order to provide appropriate locations for equine-assisted activities. In consideration for the privilege to use such facilities and property, I hereby completely release Equestrian Crossings and its agents from any and all liability caused by any and all risks and/or injuries due to the location(s) chosen. In addition, I completely release any and all such facilities, organizations, and private property owners and their agents from any and all risks and/or injuries to me from my participation in equine-assisted activities at these locations.
The following locations, organizations, and owners and their agents are included:
Oak Harbor Arena 1104 Waterloo Road Oak Harbor, WA 98277
I agree not to sue, claim against, attach the property of or prosecute EQUESTRIAN
CROSSINGS, its officers, board members, affiliated organizations, agents, employees and/or its volunteers for any injury or death caused by or resulting from my participation in equine-assisted activities, whether or not such injury or death was caused by negligence or from any other cause.
I agree to defend, indemnify and hold harmless EQUESTRIAN CROSSINGS and all of its
officers, board members, affiliated organizations, agents, employees and volunteers for any injury or death caused by or resulting from my participation in equine-assisted activities, whether or not such injury or death was caused by their negligence or from any other cause.
This agreement shall be legally binding upon me, my family, my heirs, my estate, assigns, legal guardians, and my personal representatives.
THIS IS A RELEASE OF LIABILITY.
DO NOT SIGN OR INITIAL THIS RELEASE IF YOU DO NOT UNDERSTAND AND/OR AGREE WITH ITS TERMS.
I have carefully read this agreement and fully understand its contents. I am aware that I am
releasing certain legal rights that I otherwise may have and I enter into this release of liability and indemnity agreement on behalf of myself and/or my legal ward of my own free will.
Signature: Date:
Parent/Guardian (if a Minor)
Print Name: Relationship to Volunteer:
NOTE: FORM MUST BE UPDATED ANNUALLY.

STUDENT RULES & RESPONSIBILITIES

Ι,										_, Stud	ent,	, do he	ereby	ackn	owledge	that I
ar	nd/or	my	legal	guardian,	on my	behalf,	have	read	and	agree	to	comply	, with	the	following	EqX
S	TUDE	ENT	RULE	ES & RESF	PONSIB	ILITIES	} <u>·</u>									

STUDENT & VOLUNTEER SAFETY RULES

- 1. **BE ALERT!** "Equine-related" activities involve working with, on and around horses! And horses can be lots of fun, but are inherently risky and can be dangerous.
- 2. **WEAR YOUR HELMET!** Students <u>must</u> wear their helmet when working on or around horses!
- 3. **DON'T GO IT ALONE!** Unless deemed fully "independent", students <u>must</u> wait for an **EqX** Volunteer to be with them <u>before</u> entering a horse's stall or approaching a tied horse.
- 4. **ALWAYS WALK!** Don't run when working around or with horses.
- 5. **DON'T GET KICKED!** Never approach a horse from the rear! A horse cannot see behind him and if surprised, may "Kick 1_{st} and ask questions later"! *OUCH!!* Walk towards your horse's shoulder and neck.
- 6. **TALK WITH YOUR VOICE!** Always talk to your horse before approaching or touching him. Let the horse know you are there, are not going to hurt him, and wait for him to accept you.
- 7. **TALK WITH YOUR HANDS!** After your horse knows you're there, keep a hand on his body as you walk around him and talk reassuringly to him so he knows where you are.
- 8. **HITCH YOUR HORSE SAFELY!** Never tie a horse using the reins and bridle! If you have to tie him, use a quick-release knot, ground tie or simply wrap the lead rope attached to his halter around the hitching post.
- 9. **LEAD FROM THE LEFT!** Traditionally, you lead a horse from the left side by placing your inside hand about 12-18" away from his halter. When leading with an **EqX** Volunteer, always let the **EqX** Volunteer be between you and the horse.
- 10. **LEAD WITH A RELAXED LEAD ROPE!** Keeping your lead rope loose between you and your horse helps your horse relax. Always make a "butterfly" [*Don't wrap it*] with the excess lead rope to hold in your outside hand. Don't let the rope drag on the ground so you and your horse don't trip on it. Learn to lead from both sides.
- 11. **YOU ARE THE HERD LEADER!** Keep your shoulder in line with your horse's ear when you lead to help your horse understand that you are in charge. Use your voice and body language to give directions. Looking ahead helps you become your horse's protector.
- 12. **DON'T YANK YOUR HORSE!** Use gentle 'pressure & release' commands on horse's halter or rope! Don't jerk/yank on his halter or lead rope. NEVER get in front and pull your horse. Remember, some of our horses are "old timers" and need time to get what you are saying.

- 13. **REMEMBER THE "2 + 2" RULE!** Keep at least 2 horse lengths between your horse and the next horse. If you need more room, either slow down, stop, make a short circle towards the inside of the arena, or safely cut across the arena to get back on the rail.
- 14. **FOLLOW YOUR HORSE!** If your horse pulls back, step back with him. Don't pull against him. He will go forward again since you have acknowledged his need. And look around! He may have seen something you hadn't noticed!
- 15. **WATCH YOUR HORSE!** If the horse rears up, release the hand closest to the halter to avoid being pulled off the ground. However, don't completely let go of the rope, if safely possible.
- 16. **WATCH WHERE YOU'RE GOING!** Be aware of your surroundings and help keep your fellow students and **EqX** Volunteers be aware, too. Let everyone know when you see a dog or hear a loud truck passing by. This gives everyone time to get ready!
- 17. **DON'T PLAY LIMBO WITH YOUR HORSE!** When tacking, grooming, or moving around your horse, never go under his neck or belly. He may surprise you by bringing his leg up or his head down fast.
- 18. **WATCH YOUR FINGERS!** Pet the horse on his neck and shoulders. Do not "dab" at his nose because his may think they are a treat!
- 19. **TAKE OFF HIS TACK INSIDE THE STALL!** After leading a horse into his stall, turn him so he faces the stall door entrance. Close the door before removing his tack. Make sure you can open the door from the inside or have someone wait for you on the outside.
- 20. **BE GENTLE WITH THE BIT!** Your instructor or EqX volunteer will help bridle your horse. Be very gentle when you pull on the reins and never yank them to help keep their mouth from getting sore.
- 21. **TIGHTEN THAT GIRTH TWICE!** When saddling or harnessing, remember to tighten the girth SLOWLY. Abrupt pulls on the girth can pinch the horse's skin and you may get a bite to let you know it. Adjust your saddle carefully with the girth <u>just tight enough</u> so that the saddle and pad will not shift. BUT be sure the girth is fully tightened before mounting!
- 22. **GIVE HIM A STRETCH!** It also helps to stretch the horses' front legs to get the skin wrinkles out. And it feels good, just like when YOU stretch before exercising.
- 23. **WAIT TO MOUNT!** "Patience is a virtue" and important for your safety! Wait until your Instructor says it's OK to mount your horse.
- 24. **WHEN IN DOUBT, ASK!** Remember, there are NO dumb questions. Your **EqX** Instructors and Volunteers are here to help EVERYONE!
- 25. **TALK TO US!** Please let your **EqX** Instructor or Volunteer know <u>IMMEDIATELY</u> if you are uncomfortable or unsure about anything -- Your "team" assignment, uncertainty about any task you've been given WHATEVER! We value your opinion! "Equine" activities should be fun! REMEMBER, horses (and people) are very sensitive "creatures" and can feel OUR pain and discomfort. If we don't know there's a problem, we can't fix it! So speak up and talk to us!

STUDENT RESPONSIBILITIES

1. CLOTHING RULES:

- ✓ Wear layers that are warm and comfortable for a variety of temperatures.
- ✓ No halter or spaghetti-strapped tops or muscle shirts.
- ✓ Long pants are strongly recommended.
- ✓ Gloves and rain gear are highly recommended.
- ✓ Boots or closed-toe/heel shoes are required.
- ✓ NO sandals or slip-ons!
- ✓ Lessons are rain or shine, unless arrangements have been made otherwise!
- ✓ For safety reasons, remove all loose jewelry (e.g., earrings, bracelets, necklaces).
- ✓ You MUST provide your own helmet.

2. ATTENDANCE RULES:

- ✓ Show up for every lesson or call a minimum of 24 hours in advance of a future absence.
- ✓ Arrive at your scheduled lesson on time or a little early!
- ✓ Lessons include grooming and tacking time.
- ✓ Students more than 10 minutes late will be unable to participate in that day's lesson.
- ✓ Sign-in on the Student Log.

3. BEFORE YOUR LESSON BEGINS:

- ✓ Check your Lesson "Horse & Student" List for your horse assignment, EqX Volunteers assigned and tack needs or talk to your Instructor.
- ✓ Have your ASTM/SEI-approved riding helmet on before approaching the horses.
- ✓ Greet your EqX Volunteer
- ✓ Gather assigned grooming tools and tack before getting your horse out.
- ✓ Greet your horse!
- ✓ Properly lead your horse to/from its stall, with your EqX Volunteer, if needed.
- ✓ Groom and get to know your horse.
- ✓ Tack your horse.
- ✓ Take your horse out for their warm-up walk around the arena.

4. **DURING YOUR LESSON**:

- ✓ Wait for the Instructor to assist with mounting and dismounting.
- ✓ Listen to directions and DO your best.
- ✓ Have fun while you learn!

5. **AFTER YOUR LESSON**:

- ✓ Cool down your horse with a walk around the arena.
- ✓ Offer your horse water.
- ✓ Untack your horse.
- ✓ Groom your horse.
- ✓ Put away all your horse's tack and grooming supplies.
- ✓ Give your horse a treat (in bucket) and check stall water and [if needed] muck stall with your EqX Volunteer's help.
- ✓ Thank your WHOLE EqX Team, including your horse, for their support and a great ride!
- ✓ Sign out of the Student Log.
- ✓ DON'T FORGET to take your helmet home!

BUT MOST IMPORTANTLY ...

Respect yourself!
Respect your fellow students!
Respect your EqX Volunteers!
Respect your horse!

And of course, Respect your EqX instructors!

Signature:	Date:	
Parent/Guardian (if a Minor)		
Print Name:		
Relationship to Student/Participant:(if applicable)		