



P.O. Box 624  
 Freeland, WA 98249  
 (360) 320-1573

[info@equestriancrossings.org](mailto:info@equestriancrossings.org)  
[www.equestriancrossings.org](http://www.equestriancrossings.org)

(Rev. 01/2018)

## LESSON REGISTRATION FORM (2018)

### CONTACT INFORMATION:

Student Name: \_\_\_\_\_

Parent Name ( if minor) \_\_\_\_\_

Address: \_\_\_\_\_

City/State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Business: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_ DOB: \_\_\_\_\_

### OTHER IMPORTANT INFORMATION:

Employer/School: \_\_\_\_\_ City: \_\_\_\_\_

How did you learn about this program? \_\_\_\_\_

### INSTRUCTIONS: Mark the location and the Riding Lesson you require.

*We'll contact you regarding a time slot.*

Greenbank

Coupeville

Oak Harbor

Western/English: Individual \$50/lesson (\$600 per 12 week session)

Western//English : Group (2 + students) \$40/lesson (\$480.00 per 12 week session)

Adaptive: Group (2 + students) \$40/lesson (\$480.00 per 12 week session)

Adaptive: Individual \$50/lesson (\$600 per 12 week session)

Vaulting (a group activity) \$15/lesson (\$180.00 per 12 week session)

Short Term/Drop In- Group: \$60/lesson  Individual: \$65/lesson  Vaulting: \$20/lesson

### Scholarship Rate (50% discount):

Scholarship requires a separate application, eligibility is based on financial need and is limited per session.

### Cancellation Policy

For Quarterly Lessons: Please allow 24 hours notice of cancellation if possible. Make-up lessons are available subject to Instructor and horse availability.

For Drop-in: Notice of cancellation with less than a 24 hour notice is subject to a 25% fee (paid prior to rescheduling a lesson). A notice of 24 hours or greater may reschedule without penalty.





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(Rev. 04/2017)

**AUTHORIZATION FOR EMERGENCY MEDICAL  
TREATMENT FORM**

**Please check all that apply:**     Student     Staff     Volunteer

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Business: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_ DOB: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Physician's Phone: \_\_\_\_\_

Preferred Medical Facility: \_\_\_\_\_

Facility's Phone: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Allergies: [Food/Drug, etc.] \_\_\_\_\_

Date of Last Tetanus Shot: \_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

**In the event of an emergency, contact:**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

***WHERE DREAMS BECOME OPPORTUNITIES!***

## **CONSENT FOR EMERGENCY MEDICAL TREATMENT**

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, **I DO authorize EQUESTRIAN CROSSINGS to:**

1. Secure and retain medical treatment and transportation, if deemed needed.
2. Release client records, upon request by the authorized individual or agency involved in the medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life-saving" by the physician. This provision will only be invoked if an emergency contact listed above is unable to be reached.

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature of Parent/Guardian (if participant is a Minor): \_\_\_\_\_

Print Name: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_ Date: \_\_\_\_\_

## **NON-CONSENT FOR EMERGENCY MEDICAL TREATMENT**

I **DO NOT** give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property operated by **EQUESTRIAN CROSSINGS**. In this case, I understand that:

- A parent or legal guardian will remain on site at all times during equine-assisted activities
- In the event emergency treatment/aid is required, I wish the following procedure to take place:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/Guardian (if participant is a Minor): \_\_\_\_\_

Print Name: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_ Date: \_\_\_\_\_

## STUDENT HEALTH HISTORY

Student Name: \_\_\_\_\_

Date of Last Tetanus: \_\_\_\_\_ DOB: \_\_\_\_\_

### HEALTH HISTORY:

Diagnosis \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Please indicate "special needs" in the following areas: *(Attach separate page if necessary)*

Current or Past "Special Needs"	Yes	No	COMMENTS
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/ Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognitive			
Allergies			
PTSD			
Other			

Describe your abilities/difficulties in the following areas (*include assistance required or equipment needed*):

**PHYSICAL FUNCTION** (*i.e. Mobility skills: transfers, walking, wheelchair use, driving/bus riding*):

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**PSYCHO/SOCIAL FUNCTION** (*i.e. Work/School, grade completed, leisure interests, relationships, family structure, support system, companion and animals, concerns, etc.*):

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**GOALS** (*i.e. Why are you applying? What would you like to accomplish? e.g., improve strength/balance, verbal skills, social skills, control emotions, competition, recreation, etc.*):

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Student's Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/Guardian (if student is a Minor): \_\_\_\_\_

Print Name: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_ Date: \_\_\_\_\_

# **RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

Volunteer's Name: \_\_\_\_\_

I, \_\_\_\_\_, hereby acknowledge that I and/or my legal guardian, have voluntarily volunteered to participate in equine activities with the EQUESTRIAN CROSSINGS. ***[Initial the following paragraphs to show you understand and agree.]***

I fully understand that equine-assisted activities, or even being near a horse, involves numerous dangers and risks of injury to me. I acknowledge that the assumption of all the risks involved is my responsibility and I completely release EQUESTRIAN CROSSINGS and its agents from all liability for any and all injuries caused by my participation in equine-assisted activities.

I fully understand that an animal (horse), irrespective of its training and usual past behavior and characteristics, may act or react unpredictably based on instinct or fright, and that even the gentlest horse, when provoked or frightened, may rear, buck, run away or otherwise act in an unpredictable and dangerous manner. In addition, weather such as thunder, hail, lightning, high wind or snow sliding off the roof, or sudden appearance of another animal, person or machine can cause a horse to rear, buck, run away or otherwise act in an unpredictable and dangerous manner. Having understood these dangers, I fully assume all of the risks involved and completely release EQUESTRIAN CROSSINGS and its agents from liability for any and all injuries to me from my volunteer participation in equine-assisted activities.

I fully understand that equine-assisted activities on any type of terrain can be dangerous to my horse and me and that this danger increases when moving fast, such as at a canter (lope) or at a gallop. Under these conditions, or even while moving at a slower pace, my horse may stumble, be thrown off balance, get caught in a hole or rut, fall, or otherwise be dangerous to me. I also fully understand that I may, at any time, lose control of and/or fall off my horse, or have a collision. I also understand that while participating in this high-risk sport, it is highly recommended and even required for participation in most equine-assisted activities to wear an ASTM SEI-approved equestrian helmet to be worn. I fully assume the responsibility for all of these dangers and risks, and completely release EQUESTRIAN CROSSINGS and its agents from all liability for any and all injuries to me from the dangers and risks as stated above.

I fully understand that animals (horses) and conditions are unpredictable and that the risk of injury or death is inherent to equine-assisted activities and/or being around horses. I fully assume the responsibility for the risk of injury or death caused by my contact with horses and equine-assisted activities. I completely release EQUESTRIAN CROSSINGS and its agents from any and all liability for any and all injuries or death to me caused by my contact with horses and my participation in equine-assisted activities.

I fully understand the EQUESTRIAN CROSSINGS, not having its own property to conduct lessons and events at, must enter into agreements with various equestrian facilities, organizations and private property owners in order to provide appropriate locations for equine-assisted activities. In consideration for the privilege to use such facilities and property, I hereby completely release Equestrian Crossings and its agents from any and all liability caused by any and all risks and/or injuries due to the location(s) chosen. In addition, I completely release any and all such facilities, organizations, and private property owners and their agents from any and all risks and/or injuries to me from my participation in equine-assisted activities at these locations.

**The following locations, organizations, and owners and their agents are included:**

Reinshadow Arena (Lloyd's Arena)  
3893 Canter Lane  
Greenbank, WA 98253

Whidbey Equestrian Center (W.E.C.)  
21306 State Route 20  
Coupeville, WA 98239

Oak Harbor Arena  
1104 Waterloo Road  
Oak Harbor, WA 98277

I agree not to sue, claim against, attach the property of or prosecute EQUESTRIAN CROSSINGS, its officers, board members, affiliated organizations, agents, employees and/or its volunteers for any injury or death caused by or resulting from my participation in equine-assisted activities, whether or not such injury or death was caused by negligence or from any other cause.

I agree to defend, indemnify and hold harmless EQUESTRIAN CROSSINGS and all of its officers, board members, affiliated organizations, agents, employees and volunteers for any injury or death caused by or resulting from my participation in equine-assisted activities, whether or not such injury or death was caused by their negligence or from any other cause.

This agreement shall be legally binding upon me, my family, my heirs, my estate, assigns, legal guardians, and my personal representatives.

**THIS IS A RELEASE OF LIABILITY**

**DO NOT SIGN OR INITIAL THIS RELEASE IF YOU DO NOT UNDERSTAND  
AND/OR AGREE WITH ITS TERMS.**

I have carefully read this agreement and fully understand its contents. I am aware that I am releasing certain legal rights that I otherwise may have and I enter into this release of liability and indemnity agreement on behalf of myself and/or my legal ward of my own free will.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian (if a Minor)

Print Name: \_\_\_\_\_ Relationship to Volunteer: \_\_\_\_\_

**NOTE: FORM MUST BE UPDATED ANNUALLY.**



## STUDENT RULES & RESPONSIBILITIES

I, \_\_\_\_\_, Student, do hereby acknowledge that I and/or my legal guardian, on my behalf, have read and agree to comply with the following **EqX STUDENT RULES & RESPONSIBILITIES**:

### STUDENT & VOLUNTEER SAFETY RULES

1. **BE ALERT!** “Equine-related” activities involve working with, on and around horses! And horses can be lots of fun, but are inherently risky and can be dangerous.
2. **WEAR YOUR HELMET!** Students must wear their helmet when working on or around horses!
3. **DON'T GO IT ALONE!** Unless deemed fully “independent”, students must wait for an **EqX** Volunteer to be with them before entering a horse’s stall or approaching a tied horse.
4. **ALWAYS WALK!** Don’t run when working around or with horses.
5. **DON'T GET KICKED!** Never approach a horse from the rear! A horse cannot see behind him and if surprised, may “Kick 1<sup>st</sup> and ask questions later”! *OUCH!!* Walk towards your horse’s shoulder and neck.
6. **TALK WITH YOUR VOICE!** Always talk to your horse before approaching or touching him. Let the horse know you are there, are not going to hurt him, and wait for him to accept you.
7. **TALK WITH YOUR HANDS!** After your horse knows you’re there, keep a hand on his body as you walk around him and talk reassuringly to him so he knows where you are.
8. **HITCH YOUR HORSE SAFELY!** Never tie a horse using the reins and bridle! If you have to tie him, use a quick-release knot, ground tie or simply wrap the lead rope attached to his halter around the hitching post.
9. **LEAD FROM THE LEFT!** Traditionally, you lead a horse from the left side by placing your inside hand about 12-18” away from his halter. When leading with an **EqX** Volunteer, always let the **EqX** Volunteer be between you and the horse.
10. **LEAD WITH A RELAXED LEAD ROPE!** Keeping your lead rope loose between you and your horse helps your horse relax. Always make a “butterfly” [*Don’t wrap it*] with the excess lead rope to hold in your outside hand. Don’t let the rope drag on the ground so you and your horse don’t trip on it. Learn to lead from both sides.
11. **YOU ARE THE HERD LEADER!** Keep your shoulder in line with your horse’s ear when you lead to help your horse understand that you are in charge. Use your voice and body language to give directions. Looking ahead helps you become your horse’s protector.
12. **DON'T YANK YOUR HORSE!** Use gentle ‘pressure & release’ commands on horse’s halter or rope! Don’t jerk/yank on his halter or lead rope. NEVER get in front and pull your horse. Remember, some of our horses are “old timers” and need time to get what you are saying.

13. **REMEMBER THE “2 + 2” RULE!** Keep at least 2 horse lengths between your horse and the next horse. If you need more room, either slow down, stop, make a short circle towards the inside of the arena, or safely cut across the arena to get back on the rail.
14. **FOLLOW YOUR HORSE!** If your horse pulls back, step back with him. Don't pull against him. He will go forward again since you have acknowledged his need. And look around! He may have seen something you hadn't noticed!
15. **WATCH YOUR HORSE!** If the horse rears up, release the hand closest to the halter to avoid being pulled off the ground. However, don't completely let go of the rope, if safely possible.
16. **WATCH WHERE YOU'RE GOING!** Be aware of your surroundings and help keep your fellow students and EqX Volunteers be aware, too. Let everyone know when you see a dog or hear a loud truck passing by. This gives everyone time to get ready!
17. **DON'T PLAY LIMBO WITH YOUR HORSE!** When tacking, grooming, or moving around your horse, never go under his neck or belly. He may surprise you by bringing his leg up or his head down fast.
18. **WATCH YOUR FINGERS!** Pet the horse on his neck and shoulders. Do not “dab” at his nose because his may think they are a treat!
19. **TAKE OFF HIS TACK INSIDE THE STALL!** After leading a horse into his stall, turn him so he faces the stall door entrance. Close the door before removing his tack. Make sure you can open the door from the inside or have someone wait for you on the outside.
20. **BE GENTLE WITH THE BIT!** Your instructor or EqX volunteer will help bridle your horse. Be very gentle when you pull on the reins and never yank them to help keep their mouth from getting sore.
21. **TIGHTEN THAT GIRTH TWICE!** When saddling or harnessing, remember to tighten the girth SLOWLY. Abrupt pulls on the girth can pinch the horse's skin and you may get a bite to let you know it. Adjust your saddle carefully with the girth just tight enough so that the saddle and pad will not shift. BUT be sure the girth is fully tightened before mounting!
22. **GIVE HIM A STRETCH!** It also helps to stretch the horses' front legs to get the skin wrinkles out. And it feels good, just like when YOU stretch before exercising.
23. **WAIT TO MOUNT!** “Patience is a virtue” and important for your safety! Wait until your Instructor says it's OK to mount your horse.
24. **WHEN IN DOUBT, ASK!** Remember, there are NO dumb questions. Your EqX Instructors and Volunteers are here to help EVERYONE!
25. **TALK TO US!** Please let your EqX Instructor or Volunteer know IMMEDIATELY if you are uncomfortable or unsure about anything -- Your “team” assignment, uncertainty about any task you've been given – WHATEVER! We value your opinion! “Equine” activities should be fun! REMEMBER, horses (and people) are very sensitive “creatures” and can feel OUR pain and discomfort. If we don't know there's a problem, we can't fix it! So speak up and talk to us!

# **STUDENT RESPONSIBILITIES**

## **1. CLOTHING RULES:**

- ✓ Wear layers that are warm and comfortable for a variety of temperatures.
- ✓ No halter or spaghetti-strapped tops or muscle shirts.
- ✓ Long pants are strongly recommended.
- ✓ Gloves and rain gear are highly recommended.
- ✓ Boots or closed-toe/heel shoes are required.
- ✓ NO sandals or slip-ons!
- ✓ Lessons are rain or shine, unless arrangements have been made otherwise!
- ✓ For safety reasons, remove all loose jewelry (e.g., earrings, bracelets, necklaces).
- ✓ You MUST provide your own helmet.

## **2. ATTENDANCE RULES:**

- ✓ Show up for every lesson or call a minimum of 24 hours in advance of a future absence.
- ✓ Arrive at your scheduled lesson on time or a little early!
- ✓ Lessons include grooming and tacking time.
- ✓ Students more than 10 minutes late will be unable to participate in that day's lesson.
- ✓ Sign-in on the Student Log.

## **3. BEFORE YOUR LESSON BEGINS:**

- ✓ Check your Lesson "Horse & Student" List for your horse assignment, EqX Volunteers assigned and tack needs (Hastie Lake) or talk to your Instructor (Reinshadow).
- ✓ Have your ASTM/SEI-approved riding helmet on before approaching the horses.
- ✓ Greet your EqX Volunteer
- ✓ Gather assigned grooming tools and tack before getting your horse out.
- ✓ Greet your horse!
- ✓ Properly lead your horse to/from its stall, with your EqX Volunteer, if needed.
- ✓ Groom and get to know your horse.
- ✓ Tack your horse.
- ✓ Take your horse out for their warm-up walk around the arena.

4. **DURING YOUR LESSON:**

- ✓ Wait for the Instructor to assist with mounting and dismounting.
- ✓ Listen to directions and DO your best.
- ✓ Have fun while you learn!

5. **AFTER YOUR LESSON:**

- ✓ Cool down your horse with a walk around the arena.
- ✓ Offer your horse water.
- ✓ Untack your horse.
- ✓ Groom your horse.
- ✓ Put away all your horse's tack and grooming supplies.
- ✓ Give your horse a treat (in bucket) and check stall water and [if needed] muck stall with your EqX Volunteer's help.
- ✓ Thank your WHOLE EqX Team, including your horse, for their support and a great ride!
- ✓ Sign out of the Student Log.
- ✓ DON'T FORGET to take your helmet home!

**BUT MOST IMPORTANTLY ...**

**Respect yourself!  
Respect your fellow students!  
Respect your EqX Volunteers!  
Respect your horse!**

**And of course,  
Respect your EqX instructors!**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if a Minor)

Print Name: \_\_\_\_\_

Relationship to Student/Participant: \_\_\_\_\_  
(if applicable)